

# HAMPSHIRE RUGBY FOOTBALL UNION LIMITED

## Terms of Reference 35

*Sponsor Club Hampshire Committee*

*Reviewed August 2019*

*Updated May 2020*



## CLUB HAMPSHIRE TEAM SPORTS MEDIC

### 3501 Primary Purpose

The primary purpose of each County Team Sports Medic, who shall be suitably qualified, is to provide immediate first aid assistance to players who are injured while playing for Club Hampshire on Match days, and training sessions where appropriate.

### 3502 Secondary Purposes

With informed consent, to advise the Team Manager on Match Day of the fitness of players to play.

### 3503 Accountable to

The Manager of Club Hampshire, and their own professional governing body.

### 3504 Tasks (all of which are dependant on the individual's level of training and experience)

- 4.1 Assess and treat any injured player before during and after Club Hampshire matches and training sessions
- 4.2 To educate players and coaches on injury awareness and avoidance.
- 4.3 To rehabilitate injured players and advise specific fitness training.
- 4.4 To provide fitness-to-play assessments on players.
- 4.5 To provide prophylactic strapping.
- 4.6 To provide dietary advice if requested.
- 4.7 To provide ongoing advice and assessments to injured players who are unable to participate.
- 4.8 To provide triage during a match.
- 4.9 To liaise with coaches regarding substitutions and replacements.
- 4.10 To advise injured players on level of activity permitted and the need for further treatment.
- 4.11 To provide the Team Manager with detailed assessments of injured players and accurate information on the correct time for return to play to enable future selection.
- 4.12 To maintain records of injuries and concussions.
- 4.13 Authorised to liaise with other Hampshire Sports Medics.