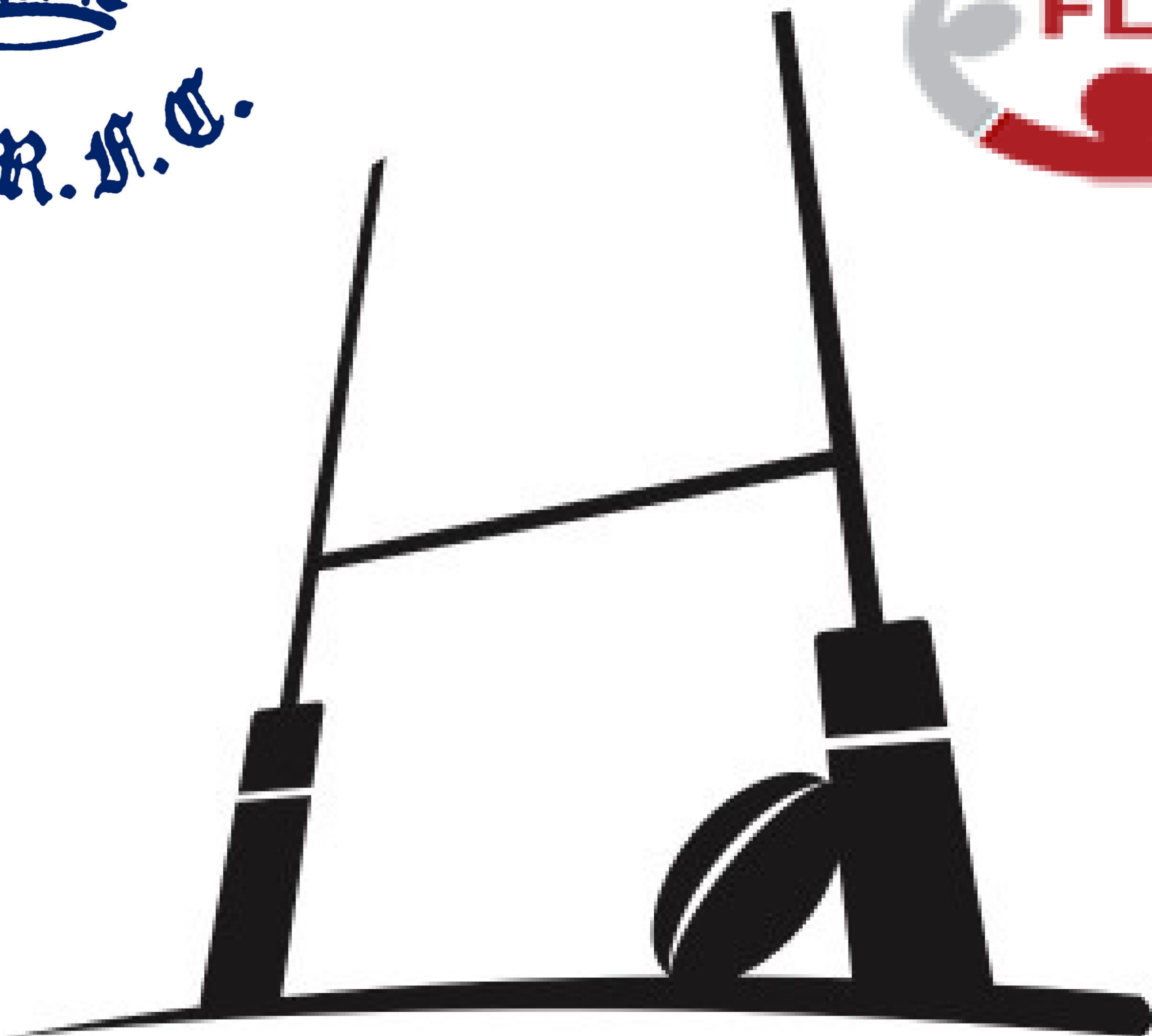




O.U.R.F.C.



# **LPM** *STAGE* **PIERRE** **VILLEPREUX**

## **PLAISIR DU MOUVEMENT** **COACHING SUMMIT**

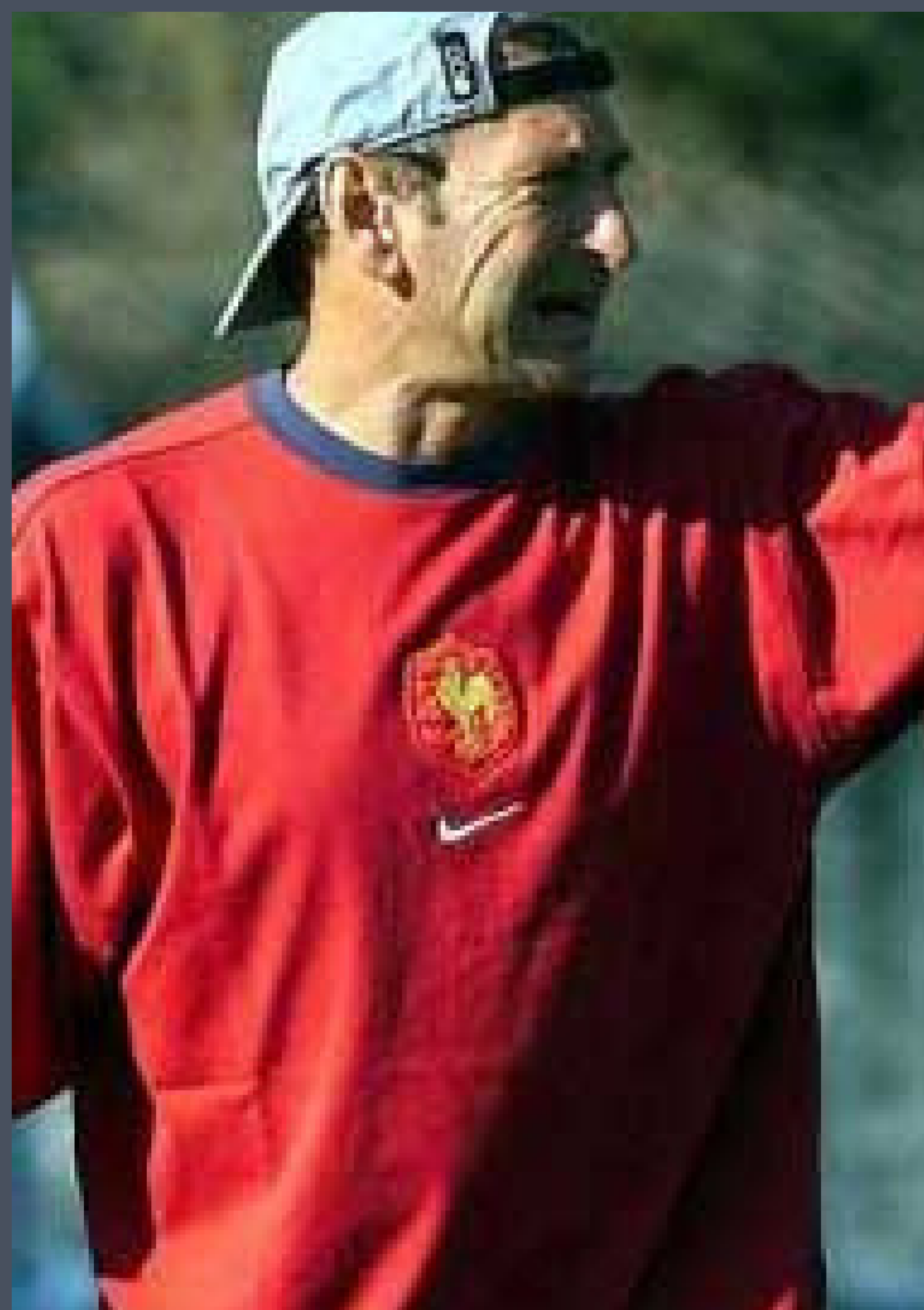
28 MAY 17 : 10AM - 5PM

OXFORD UNIVERSITY RUGBY FOOTBALL CLUB

[WWW.OURFC.ORG](http://WWW.OURFC.ORG)

[WWW.LPM-RUGBY.ORG](http://WWW.LPM-RUGBY.ORG)

[WWW.FLSPORT.NET](http://WWW.FLSPORT.NET)



# PIERRE

# VILLEPREUX

**34 International Caps for France.  
Professor of the University of Toulouse EPS then  
Limoges.**

**Coach of the Italian National Team 78/81.**

**Coach & Manager of Toulouse 81/91 with Jean  
Claude Skrela .**

**> Winning 4 French Championships.**

**Coach of the French National Team 97/99 with  
Jean Claude Skrela.**

**> Winning 2 grand slams and World Cup runners  
up in 99.**

**Technical Director for FFRugby 00/04.**

**Development Manager for IRB 05/09.**

**The Planning of Training and the action of the  
player is no longer fixed on the learning of  
moves and on the application of a rigid system of  
playing but on putting the development of tactical  
intelligence at the heart of the intentions of players  
actions.**

**The previous system blocks the capacity of  
adaption.**

**In Sport it is about -**

**Creating an understanding of the game with  
teammates of a dynamic way, of knowing what to  
do when faced with movement and changes.**

**Working with the players from beginner to high-  
level is about learning to read the game, deciding  
to act, react, adapt whether in the game or  
practise.**

**It must make the player himself actively 'learn to  
play by playing' and placing him at the heart of the  
game itself.**

**The Coach is not there to propose a game that is  
already determined but to present a game full of  
obstacles - from chaos to order and not the  
opposite.**

**To Play and to act in order to understand - to  
understand in order to play better.**



**Coach of Oxford University RFC 81/95.**

**Coach of Oxford University Under 21's 10/15.**

**RFU Level 4 Coach since 81.**

**RFU Trainer/Education/Mentor since 90.**

**RFU Coach Developer.**

**Coach of Penguins International RFC since 00.**

**Forged Coaching Links with FFRugby & Pierre Villepreux.**

**1st British Coach to be invited to join the Paisir Du Mouvement.**

**Presenter at Seminars linking Rugby with other sports.**

**We shall examine ways in which we incorporate movement and handling skills within the warm up.**

**We can look at a graduated level of complexities with the group to challenge individual players.**

**In an attempt to improve the skill of the individual player we should try to find a variety of methods of using balls of varying sizes and weights.**

**I see no reason why we cannot begin with the very young players and keep providing incentives to challenge the players at the elite end of the game.**

**Perhaps our slogan might be 'A BALL FOR ALL'?!'**

# LYNN

# EVANS



# BOB

# REEVES

**Director of Sport, Exercise & Health at Bristol University for over 30 years.**

**> Heading up the Teacher training course.**

**> Established the nation's first Masters degree course in Exercise & Health Science.**

**Former Staff Coach to both the RFU & the National Cricket Association.**

**Helped create the National Coaching Foundation where he was a tutor on sports psychology courses.**

**Coach of Bristol Uni RFC, Bristol RFC & England Students.**

**RFU President 13/14.**

**RFU Representative for the SRFU.**

**Founder with Nigel Wray of the Charity 'Foundation for Leadership through Sport'.**

**When asked the purpose of coaching, most coaches like to say-**

**'to improve players or teams: to develop skills; to lead to successful performance'**

**Coaches will often justify their coaching style if the outcome is winning performance, but is this enough?**

**If a valid purpose of coaching was also to develop leaders and/or to improve people, would most coaches need to change the way they coach? I asked this at a conference last year, and most people replied that it would.**

**So, it is a valid purpose? If not, why do we still, after almost two centuries, make educational claims about sport that we use to justify its place in the school curriculum? I believe it is.**

**I also believe that we should consider how poor we are in developing leaders in, of and through sport. It is not shameful that so many of our top coaches and even administrators are not products of experience in the UK**

**My Session will question this topic, and how we might modify our coaching methods so as to have a chance of producing players who are better able to make decisions and take responsibility, leading in years to come, to having more home-grown coaches and leaders at the highest level.**